CALCASIEU SOCCER CLUB
RECREATION SOCCER AGE GROUP RULES

UNDER 5 & 6

1. Uniforms: Home = YELLOW and Away = BLACK
2. Be sure there is an Assistant Coach
3. Warm up together - divide your team in half and play against your opponent on two fields side by side
   - Older, stronger players on one field.
   - Younger, less experienced players on the other field
4. Play 4 v 4 with NO goalies
5. Play 8 minute quarters with 2 min, 5 min, 2 min breaks
6. Size 3 ball
7. No Refs (Coaches manage the game and keep time)
8. Kick Ins
9. Goal kicks to be taken from anywhere along the end line
10. Corner kicks to be taken from the side where the ball went out of play
11. Allow several Do-overs
12. Fouls – no cautions... try to advise the player of the correct action or behavior
13. Restarts rather than ‘free-kicks’
14. NO penalty kicks and NO HEADING
15. On goal kicks, the defending team should drop back to the half way line to allow the attacking team (team in possession) a chance to clear their goal area.
16. Try to ensure all players gets equal amount of playing time

UNDER 7 & 8

1. Uniforms: Home = YELLOW and Away = BLACK
2. Be sure there is an Assistant Coach
3. Warm up together - divide your team in half and play against your opponent on two fields side by side
   - Older, stronger players on one field.
   - Younger, less experienced players on the other field
4. Play 4 v 4 with NO goalies.
5. Play 12 minute quarters with 2 min, 5 min, 2 min breaks
6. Size 3 ball
7. No Refs (Coaches manage the game and keep time)
8. Throw Ins
9. Goal kicks to be taken from anywhere along the end line
10. Corner kicks to be taken from the side where the ball went out of play
11. Allow several Do-overs
12. Fouls – no cautions... try to advise the player of the correct action or behavior
13. Restarts rather than ‘free-kicks’
14. NO penalty kicks and NO HEADING
15. On goal kicks, the defending team should drop back to the half way line to allow the attacking team (team in possession) a chance to clear their goal area.
16. Try to ensure all players gets equal amount of playing time

**UNDER 10**

1. Uniforms: Home = YELLOW and Away = BLACK
2. Players and fans/families must be on opposite sides of the field
3. Play 7 v 7 *Adjust game format and/or loan players to opponent if necessary*
4. Play 25 minute halves with 10 minute half time
5. Size 4 ball
6. One Center Referee but NO assistant referees
7. OFFSIDE rule in effect
8. NO HEADING & NO GOALIE PUNTING (roll or pass out from the back)
9. No Do-overs
10. Fouls: Advise the player of the correct action or behavior to avoid referee caution
11. Build out lines: On goal kicks or goalie is holding the ball, the defending team should fall back to the colored line to allow the attacking team (team in possession) a chance to clear their goal area.
12. Try to ensure all players gets equal amount of playing time

**UNDER 12**

1. Uniforms: Home = YELLOW and Away = BLACK
2. Players & Fans on opposite sides of the field
3. Play 9 v 9 *Adjust game format and/or loan players to opponent if necessary*
4. 30 minute halves with 10 minute halftime
5. Size 4 ball (but be flexible as the age group is U11, U12 & 13)
6. One Center Referee, plus two assistants
7. Offside rule in effect
8. NO HEADING
9. No Do-overs

**UNDER 14 & UNDER 16**

1. Uniforms: Home = YELLOW and Away = BLACK
2. Players & Fans on opposite sides of the field
3. Play 11 v 11 *Loan players to opponent if necessary*
4. COED RECOMMENDATION – Please try to keep at least 2 female players on the field at all times
5. 35-40 minute halves with 10 minute halftime
6. Size 5 ball
7. One Center Referee, plus two assistants
8. Offsides
PLAYER & COACH MISCONDUCT

Calcasieu Soccer Club aims to put sportsmanship at the heart of its programs. We ask all members to conduct themselves in a manner befitting of a youth sports program and treat others as they would like to be treated. Instances of misconduct by players and coaches will be taken very seriously. Below is our policy on misconduct.

Player Misconduct

A player who is ejected shall be suspended and as a minimum shall not be allowed to participate in his or her next playable game regardless of whether such game or games are in league play or tournament play.

An additional suspension of 1 game (for a total of 2 games) is mandated in the event the player’s ejection was for violent conduct including but not limited to the aggression of a player towards an opponent with clearly no intent to play the ball; offensive, insulting or abusive language or gestures directed toward a player, coach, trainer, spectator, referee or administrator.

Coach Misconduct

A coach who is ejected from a game shall immediately leave the soccer complex and is prohibited from any further contact, direct or indirect, by any means whatsoever including, but not limited to, communication through a third person, with the team during the remainder of that game. If a coach who has been ejected from a game violates this prohibition, he or she shall, in the sole discretion of Calcasieu Soccer Club, be subject to suspension beyond that occasioned by his or her original ejection. If a credentialed team or club official is not present, the game shall be terminated and the offending team shall forfeit the game.

A coach who is ejected from a game shall be suspended and as a minimum shall not be allowed to participate in that team’s next playable game or games regardless of whether such game or games are in league play or tournament play.

It is the responsibility of the head coach or team manager to make certain that suspensions are served.