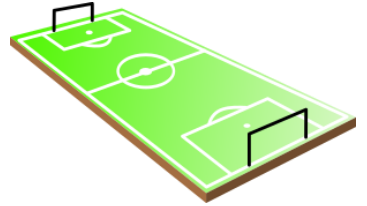


# CALCASIEU SOCCER CLUB



## RECREATION SOCCER AGE GROUP RULES

### UNDER 5 & 6

1. Uniforms: Home = YELLOW and Away = BLACK
2. Be sure there is an Assistant Coach
3. Warm up together - divide your team in half and play against your opponent on two fields side by side
  - Older, stronger players on one field.
  - Younger, less experienced players on the other field
4. Play 4 v 4 with NO goalies
5. Play 8 minute quarters with 2 min, 5 min, 2 min breaks
6. Size 3 ball
7. No Refs (Coaches manage the game and keep time)
8. Kick Ins
9. Goal kicks to be taken from anywhere along the end line
10. Corner kicks to be taken from the side where the ball went out of play
11. Allow several Do-overs
12. Fouls – no cautions... try to advise the player of the correct action or behavior
13. Restarts rather than 'free-kicks'
14. NO penalty kicks and NO HEADING
15. On goal kicks, the defending team should drop back to the half way line to allow the attacking team (team in possession) a chance to clear their goal area.
16. Try to ensure all players gets equal amount of playing time

### UNDER 7 & 8

1. Uniforms: Home = YELLOW and Away = BLACK
2. Be sure there is an Assistant Coach
3. Warm up together - divide your team in half and play against your opponent on two fields side by side
  - Older, stronger players on one field.
  - Younger, less experienced players on the other field
4. Play 4 v 4 with NO goalies.
5. Play 12 minute quarters with 2 min, 5 min, 2 min breaks
6. Size 3 ball
7. No Refs (Coaches manage the game and keep time)
8. Throw Ins
9. Goal kicks to be taken from anywhere along the end line
10. Corner kicks to be taken from the side where the ball went out of play

11. Allow several Do-overs
12. Fouls – no cautions... try to advise the player of the correct action or behavior
13. Restarts rather than 'free-kicks'
14. NO penalty kicks and NO HEADING
15. On goal kicks, the defending team should drop back to the half way line to allow the attacking team (team in possession) a chance to clear their goal area.
16. Try to ensure all players gets equal amount of playing time

## **UNDER 10**

1. Uniforms: Home = YELLOW and Away = BLACK
2. Players and fans/families must be on opposite sides of the field
3. Play 7 v 7 \*Adjust game format and/or loan players to opponent if necessary\*
4. Play 25 minute halves with 10 minute half time
5. Size 4 ball
6. One Center Referee but NO assistant referees
7. OFFSIDE rule in effect
8. NO HEADING & NO PUNTING
9. No Do-overs
10. Fouls: Advise the player of the correct action or behavior to avoid referee caution
11. Build out lines: On goal kicks, the defending team should fall back to the colored line to allow the attacking team (team in possession) a chance to clear their goal area.
12. Try to ensure all players gets equal amount of playing time

## **UNDER 12**

1. Uniforms: Home = YELLOW and Away = BLACK
2. Players & Fans on opposite sides of the field
3. Play 9 v 9 \*Adjust game format and/or loan players to opponent if necessary\*
4. 30 minute halves with 10 minute halftime
5. Size 4 ball (but be flexible as the age group is U11, U12 & 13)
6. One Center Referee, plus two assistants
7. Offside rule in effect
8. NO HEADING
9. No Do-overs

## **UNDER 14 & UNDER 16 (Subject to change based on number of players registered)**

1. Uniforms: Home = YELLOW and Away = BLACK
2. Players & Fans on opposite sides of the field
3. Play 11 v 11 \*Loan players to opponent if necessary\*
4. COED RECOMMENDATION – Please try to keep at least 2 female players on the field at all times
5. 35-40 minute halves with 10 minute halftime
6. Size 5 ball
7. One Center Referee, plus two assistants
8. Offsides