

# CSC SCREAMIN' EAGLES PARENT GUIDE SPRING 2018



March 17<sup>th</sup>, 24<sup>th</sup>, April 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>



## **Clothing and Equipment**

Screamin' Eagles tshirt (highlighter yellow to be provided at parent meeting), comfortable shorts and shin guards worn inside socks, sneakers or cleats, Soccer ball (size 3), Sun screen, Bug spray, Water and snacks

## **Location**

Activities take place at the Ward 3 Power Center, 3210 Power center Pkwy in LC. Screamin' Eagles fields are behind the concessions stand and will be shown at the parent meeting.

## **Parking and Arrival**

Allow plenty of time for arrival as traffic is extremely heavy. Parking is usually possible at the far end of the complex on the grass. Please note that after heavy rain, parking on the grass may not be permitted and will be on the concrete or gravel area at the front of the complex.

## **Program Format**

Everyone will meet at the activity location and then split into previously assigned groups. The groups will be announced at the parent meeting and players will stay in that group every week through the season. Regretfully requests for groups cannot be taken.

There are three activity stations each managed by CSC coaches with a fun, soccer related game. Groups will spend 10 minutes at each station followed by a 3-4 minute water break. They will rotate through all three activity stations and come together at the end for a group send off. We require a volunteer parent from each group to guide players to the correct station between water breaks and to assist the coaches with activities.

## **Things to keep in mind**

Between all the activity at the Power Center, the hot weather and new faces the children encounter, it can sometimes take them a few weeks to get comfortable so please hang in there. Be mindful of the effects of heat and be sure to keep your child hydrated before, during and after Screamin' Eagles. Also, please keep a close eye on your child throughout the day so they don't wander off anywhere as there will be thousands of people present each Saturday.

We aim to provide a safe, fun experience that develops motor skills and introduces your children to the great game of soccer. Thank you for being part of Calcasieu SC!