

YOUTH RECREATION PROGRAM



SPRING 2024 IMPORTANT DATES

REGISTRATION: NOW – JANUARY 21ST

PRACTICES BEGIN: FEBRUARY 24TH

SEASON KICKOFF: MARCH 9TH

FINAL DAY: APRIL 27TH

How old do players have to be to play Rec soccer?

4 years old to 17 years old.

How do I register?

Online at www.cscsoccercub.org during the specified registration period.

What are the Rec soccer fees? (Please refer to the US Soccer Age Group Matrix for your child's correct group)

5 – 8 and under: SPRING ONLY \$65 / FALL & SPRING COMBO \$105 (only available in the fall)

9 – 10 and under: SPRING ONLY \$70 / FALL & SPRING COMBO \$115 (only available in the fall)

11 – 16 and under: SPRING ONLY \$75 / FALL & SPRING COMBO \$125 (only available in the fall)

What is the Refund Policy?

100% UP TO LAST DAY OF REGISTRATION

50% UP TO FIRST ACTIVITY

\$0 AFTER FIRST GAME

What other costs are involved?

Two game day jerseys costing approximately \$19 each. One for when playing as home team (yellow) and one for when away team (black). Jerseys can be used for future seasons and purchased at Power Center Soccer Fields on dates to be provided by CSC. Black shorts (\$15) and socks (\$9)

Shin guards are required for games and practices and cost around \$10-\$15.

Cleats are not required for the 5U groups but are highly recommended for games and practices, especially once players enter the 7U and above age groups.

Where are the activities held?

Ward 3 Power Center Complex, 3200 Power Center Pkwy in Lake Charles.

When are practices held?

There will be an initial Saturday practice day where players connect with their coaches. Our coaches then set their practice schedules once teams are formed. Available practice days are Monday through Friday with most popular days being Tuesdays & Thursdays.

Under 6 through Under 8 players usually practice 5:30-6:30 once per week.

Under 10, Under 12, Under 14, Under 16 have the option of 5:30-6:30 or 6:30-7:30 twice per week.

When are games played?

Six Saturdays throughout the season. There will be one or two mid-week games played.

How many games are played?

Seven or eight

How are teams formed?

We take requests to play with siblings. On a limited basis we will consider requests to play with friends but due to the number of participants it is now difficult to honor these requests. Players not requesting a team will be randomly assigned to an age-appropriate team. The coach will contact players the week before practice is due to begin.

How are age groups organized? (Please refer to the US Soccer Age Group Matrix for your child's correct group)

Based on the number of registrations, players are grouped as follows, HOWEVER, some groups may be combined if it helps create a safe and enjoyable team environment and game schedule for the players.

- 5U play coed
- 6U play coed
- 7U play in boys & girls divisions
- 8U play in boys & girls divisions
- 9U & 10U play in boys & girls divisions
- 11U & 12U play in boys & girls divisions
- 13U & 14U usually play coed due to lower registration numbers
- 15U, 16U & 17U usually play coed due to lower registration numbers

What are the game formats?

We follow as closely as possible the official playing recommendations of the US Youth Soccer Association.

5-6U Format: 4v4 | 4 x 8 min. quarters | no goalkeepers | kick-in restarts | no offsides | size 3 ball

7-8U Format: 4v4 | 4 x 12 min. quarters | no goalkeepers | throw-in restarts | no offsides | size 3 ball

8U Spring Format: 5 v 5 | 4 x 12 min. quarters | goalkeepers | throw-in restarts | no offsides | size 3 ball

9-10U Format: 7v7 | 2 x 25 min. halves | goalkeepers | throw-in restarts | offsides enforced | size 4 ball

11-12U Format: 9v9 | 2 x 30 min. halves | goalkeepers | throw-in restarts | offsides enforced | size 4 ball

14-16U Format: 11v11 | 2 x 40 min. halves | goalkeepers | throw-in restarts | offsides enforced | size 5 ball

